

2019-2020
INTERMEDIATE CROSS COUNTRY

- Mon. November 4th** 1st OFFICIAL PRACTICE
- Tues. November 19th** **CLIS** - CCIS, VLIS, WBIS
SCIS - BYIS, LCIS, SIS
BIS - CIS, Kranz, McAdams
- Tues. December 3rd** **BYIS** - VLIS, Kranz, CIS
McAdams - LCIS, CLIS, BIS
CCIS - WBIS, SCIS, SIS
- Tues. December 10th** CCIS - CIS, Kranz, WBIS
BYIS - McAdams, SIS, SCIS
LCI - BIS, CLIS, VLIS
- Tues. December 17th** **Kranz** - SIS, LCIS, CCIS
CIS - VLIS, SCIS, BYIS
WBIS - McAdams, CLIS, BIS
- Tues. January 14th** **SIS** - BYIS, CIS, McAdams
SCIS - CLIS, WBIS, LCIS
VLIS - BIS, CCIS, Kranz
- Tues. January 21st** **DISTRICT MEET – @ CHALLENGER COLUMBIA**
The meet will start at 4:00 PM

<p>Host school is listed first and in BOLD Running order -- 7th Girls, 7th Boys, 8th Girls, 8th Boys Inform host school if you are dropping out of the meet Host school may invite out of district schools</p>
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